YARNLEY HOUSE
CARE HOME



INTRODUCTION

Message From Our Manager

Welcome to our Autumn Quarterly Newsletter from Yarnley House Care Home.

We've had a lovely few months, with residents enjoying a wide range of activities, celebrations and opportunities to spend time with friends, families and our local community. From Halloween fun and an old-fashioned knees-up to our dazzle afternoon and some very special animal encounters, there has certainly been plenty happening around the home.

We've also been delighted to support some important occasions, including Macmillan Cancer Support and The Care Workers' Charity, while taking time to recognise World Mental Health Day and the importance of looking after one another. Our involvement in the Rotary Club's Verwood Rustic Fayre was another highlight, bringing together more people from our local community and enjoy a fantastic day together.

I'd like to thank our residents, families, friends, staff and everyone who has supported our activities and events over the past few months. It's always lovely to welcome visitors into the home and to see how much we enjoy hosting and being able to share some of our recent highlights.

If you know someone who would like to receive our email newsletters/updates, just let us know, or forward them the newsletter sign-up link below:

Newsletter Sign-Up

Best wishes,



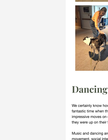
Rebecca Hesbitch
Home Manager

ACTIVITIES & EVENTS

Halloween Fun at Yarnley House

We had a fantastic time celebrating Halloween at Yarnley House, with plenty of spooky surprises, laughter and a little mischief along the way! It was lovely to see residents, children, staff and members of our local community coming together to enjoy the occasion. Halloween is always a good excuse to have some fun, and everyone certainly got into the spirit of the celebrations.

One of the most fitting about events like these is seeing different generations enjoying themselves together. The children brought plenty of excitement and enthusiasm, while our residents enjoyed joining in, sharing stories and taking part of the festivities. There were some amusing moments throughout the celebrations, and it was clear that everyone had made a real effort with their costumes! Thank you to all who joined us and helped make Halloween such an enjoyable occasion.

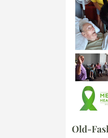


Celebrating St Francis Day

To mark St Francis Day, we spent time appreciating the animals and natural world around us. St Francis of Assisi is known as the patron saint of animals and the environment, making it a fitting occasion to enjoy some time with our animal visitors and furry friends in the park. We were also fortunate to have beautiful sunshine, allowing residents to enjoy this at the heart of and peaceful surroundings.

Spending time with animals can have a lovely effect on wellbeing, offering companionship, comfort and opportunities for conversation. For many of our residents, animals also bring back memories of much-loved pets and previous experiences from earlier in life, often leading to interesting conversations and stories. Whether it's stroking an animal, watching it explore or simply enjoying its company, these encounters can be very rewarding.

Our St Francis Day activities were a lovely way to appreciate the natural world and the pleasure animals bring to our lives.



Dancing the Afternoon Away

We certainly know how to enjoy a good disco at Yarnley House! Our residents had a fantastic time when the music started, with plenty of dancing, foot-tapping and some impressive moves on display. Familiar tunes soon had everyone joining in, whether they were up on their feet or enjoying the music from their seats.

Music and dancing are always popular activities, offering opportunities for entertainment, exercise and conversation. Many of the songs we played will have long back memories of dances, celebrations and special occasions from years gone by, and it's lovely to hear residents sharing their stories as the music plays. Dancing can also help support coordination, balance and confidence, with everyone able to participate in a way that suits them.

It was a lively afternoon enjoyed by residents and staff alike, and we're already looking forward to our next disco.



World Mental Health Day

We marked World Mental Health Day by recognising the importance of emotional wellbeing and looking after one another. Mental health can affect anyone at any time, so everybody, both at Yarnley House, can understand that looking after each other is just as important as looking after our physical health. Feeling valued, having a sense of belonging, maintaining friendships and knowing there is someone to listen are all important parts of living well.

Sometimes it's the smallest gestures that mean the most. A friendly conversation over a cup of tea, a walk in the fresh air, singing together, sharing memories or simply spending a little time with someone can make a real difference to their day. We also recognise the importance of supporting our staff and families, as well as our residents, and encouraging an environment where everyone feels comfortable talking about how they are feeling.

World Mental Health Day is a valuable reminder to look after ourselves and one another, to make time for meaningful connections and to recognise when someone might need a little extra support. It's something we aim to encourage throughout the year, not just on one particular day.



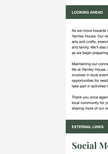
Old-Fashioned Knees-Up!

Roll out the barrel! We had a brilliant afternoon at Yarnley House enjoying a good old-fashioned knees-up, complete with some much-loved London songs that certainly got everyone singing.

Residents joined in with familiar favourites including 'Maybe It's Because I'm a Londoner' and 'My Old Man's a Dustman', with plenty of laughter and memories shared along the way. These songs have been enjoyed for generations, and it was lovely to hear so many residents remembering the words and joining in with such enthusiasm. We rounded off the afternoon with another old favourite, 'Show Me the Way to Go Home', which was a fitting way to finish our singalong.

Music has a wonderful way of bringing people together, particularly when the songs are ones that residents have known for many years. Familiar tunes can prompt memories of family gatherings, holidays and social occasions, while encouraging everyone to participate and enjoy themselves.

Our knees-up was a lovely afternoon of music, conversation and good company, and we think we may have to make it a regular occasion!



Macmillan Cancer Support

We were delighted to bring residents, families, friends, staff and members of our local community together for a special coffee morning in support of Macmillan Cancer Support. We were also pleased to welcome Helping Older People New Forest, who joined us for the occasion.

There was a delicious selection of homemade cakes to enjoy, along with plenty of tea, coffee and conversation. It was lovely to see everyone spending time together, catching up with familiar faces and making new friends, all while helping to raise funds for an important cause.

Macmillan Cancer Support provides practical, emotional and financial support to people affected by cancer, as well as their families and loved ones. Fundraising events like our coffee morning are a way for us to contribute to this work while bringing people together within our community.

A heartfelt thank you to everyone who came along, made a donation or helped organise the event. We'd also like to give a special mention to everyone who baked or brought in the beautiful cakes. Your generosity and support helped make our coffee morning such an enjoyable and worthwhile occasion.

Verwood Rustic Fayre

Yarnley House was delighted to be part of the 33rd Verwood Rustic Fayre, organised by Verwood Rotary Club. It was a fantastic community event, bringing people together for a day of entertainment, activities and fundraising, and we thoroughly enjoyed being involved.

We were pleased to welcome visitors to our stall, where children and adults could get creative by designing their own pencil cases and tote bags. It was lovely to see so many people stopping by, choosing their designs and enjoying a little arts and crafts while chatting with our team. The activity proved to be a great way to meet people and get involved in the atmosphere of the fayre.

All money raised on our stall was in support of our chosen charity, The Care Workers' Charity, which provides assistance to care workers experiencing financial hardship. It's a cause that is particularly close to our hearts, and we were pleased to have the opportunity to support its work.

There was plenty to see and enjoy and laughter throughout the day, and it was great to see so many people coming together. A big congratulations and thank you to the Rotary Club for organising such a successful event. We're proud to be part of our local community and look forward to joining in with more Rotary Club events in the future.

LOOKING AHEAD

As we move towards the winter months, we have plenty more to look forward to at Yarnley House. We're already planning a festive programme filled with celebrations, arts and crafts, exercise and opportunities for residents to spend time with friends and family. We'll also be marking Remembrance Day and enjoying seasonal activities as we begin preparing for Christmas and the celebrations that come with it.

Maintaining our connections with the local community remains an important part of life at Yarnley House, and we look forward to welcoming more visitors and getting involved in local events wherever possible. We'll also continue providing opportunities for residents to enjoy their favourite pastimes, try something new and take part in activities that are meaningful to them.

Thank you once again to our residents, relatives, friends, staff and everyone in our local community for your continued kindness and support. We look forward to sharing more of our news and activities with you in our next quarterly newsletter.

EXTERNAL LINKS

Social Media

Make sure to check out the Yarnley House Care Home Facebook Page for all our latest photos!

Don't Forget To 'Like' Us!

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

Carehome.co.uk & Google Reviews

YARNLEY HOUSE
CARE HOME

Created by Clinical Newsletters Limited

Stay email is booming

You are receiving this email as it is the quickest and most efficient way we can keep you updated with our newsletters and information. We are registered with the ICO, and we follow the Data Protection Regulations. We are registered with the ICO, our registration number is ZA772744. Clinical Newsletters Limited (https://clinicalnewsletters.co.uk/technical-gdpr) takes processing agreements and data/storing as a serious matter. Clinical Newsletters Limited is registered in England and Wales, company number 13644911. Thank for processing. All information is treated confidentially and with respect. You can of course unsubscribe at any time by clicking the unsubscribe link at the footer of each email.

privacy policy and terms of use | unsubscribe

email marketing